

*Dominique
Félix Antoine*

I hate Flu !!!

Ewww! Bacterias, diseases, germs, all these words make me fear. I'm scared of the new influenza : H_1N_1 . My name is Lucien Pablo, I'm 17 years old and my problem is that I don't want to catch this flu.

When I go in public places like in shops, (Dollarama or Grenier des trouvailles) I go as fast as I can because I don't want to catch bacterias. That is the same thing if I need to go in public bathrooms. At school, I take care to not open the doors with my hands. That's the reason why I always wear dishes gloves. I tried something to calm my fear, I got the vaccine but it was unseccesfull because I felt unconscious before they gave me the shot. I wanted to reassure myself with the media but it made it worst. I also tried to disinfect every object I touch but my cucumber purell turned out to be very stinking. Now my friends are laughing at me and I understand, I am just a little bit paranoid. I want to overcome my fear soon because I want to have a girlfriend.



I want to get back the smile in my face like in the picture. I must have your help, can you give me other advice ?

Lucien Pablo